

Memoreal Anteonis 26: Session: 1: COACH evaluation sheet for TEAM: 09-008

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ 08:45 The listed starttimes are indicative!
PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M BREASTSTROKE WOMEN 11-17 Heat:3, starttime: 09:03

Heat: 3/11 Lane : 8 Athlete: VAN DER VOORN AMBER Q-time: 00:51:62

PB (25m pool): 51.62 Bodegraven 8 feb 2026 PB (50m pool): 49.25 SB:

	25 M	50 M	
PB		51.62	
	51.62		
			

Coach feedback:

Event number: 1: 50M BREASTSTROKE WOMEN 11-17 Heat:6, starttime: 09:07

Heat: 6/11 Lane : 7 Athlete: ZOMER CARLIJN Q-time: 00:44:05

PB (25m pool): 44.05 Gouda 15 mrt 2026 PB (50m pool): 45.40 SB:

	25 M	50 M	
PB		44.05	
	44.05		
			

Coach feedback:

Event number: 1: 50M BREASTSTROKE WOMEN 11-17 Heat:9, starttime: 09:10

Heat: 9/11 Lane : 5 Athlete: BANNATYNE JULIA Q-time: 00:36:54

PB (25m pool): 36.54 Amsterdam 11 jul 2026 PB (50m pool): 38.02 SB:

	25 M	50 M	
PB		36.54	
	36.54		
			

Coach feedback:

Memoreal Anteunis 26: Session: 1: COACH evaluation sheet for TEAM: 09-008

Event number: 1: 50M BREASTSTROKE WOMEN 11-17			Heat:10, starttime: 09:11
Heat: 10/11 Lane : 0 Athlete: BANNATYNE JESSICA			Q-time: 00:40:62
PB (25m pool): 40.62 Alphen aan 7 jun 2026			PB (50m pool): 42.86 SB:
	2 5 M	5 0 M	
PB		40.62	
	40.62		
			

Coach feedback:

Event number: 2: 50M BREASTSTROKE MEN 11-17			Heat:9, starttime: 09:23
Heat: 9/10 Lane : 9 Athlete: VAN KINTS THIJS			Q-time: 00:35:98
PB (25m pool): 35.98 Bodegraven 1 mrt 2026			PB (50m pool): 36.62 SB:
	2 5 M	5 0 M	
PB		35.98	
	35.98		
			

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:4, starttime: 09:29
Heat: 4/16 Lane : 6 Athlete: VAN DER VOORN AMBER			Q-time: 00:35:85
PB (25m pool): 35.85 Gouda 15 mrt 2026			PB (50m pool): No time SB:
	2 5 M	5 0 M	
PB		35.85	
	35.85		
			

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:11, starttime: 09:35
Heat: 11/16 Lane : 7 Athlete: DE HEIJ NIKKI			Q-time: 00:30:76
PB (25m pool): 30.76 Bodegraven 6 jul 2025			PB (50m pool): 31.37 SB:
	2 5 M	5 0 M	
PB		30.76	
	30.76		
			

Coach feedback:

Memoreal Anteunis 26: Session: 1: COACH evaluation sheet for TEAM: 09-008

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:12, starttime: 09:36
Heat: 12/16 Lane : 5 Athlete: BAKKER CHARLOTTE			Q-time: 00:30:07
PB (25m pool): 30.07 Bergschenhoek 16 nov 2025			PB (50m pool): 30.57 SB:
	2 5 M	5 0 M	
PB		30.07	
	30.07		
			

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:13, starttime: 09:37
Heat: 13/16 Lane : 8 Athlete: BANNATYNE JESSICA			Q-time: 00:29:87
PB (25m pool): 29.87 Leiden 22 mrt 2026			PB (50m pool): 33.73 SB:
	2 5 M	5 0 M	
PB		29.87	
	29.87		
			

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:16, starttime: 09:40
Heat: 16/16 Lane : 5 Athlete: BANNATYNE JULIA			Q-time: 00:27:68
PB (25m pool): 27.68 Amsterdam 11 jul 2026			PB (50m pool): 28.93 SB:
	2 5 M	5 0 M	
PB		27.68	
	27.68		
			

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 11-17			Heat:9, starttime: 09:49
Heat: 9/13 Lane : 9 Athlete: VAN KINTS THIJS			Q-time: 00:28:85
PB (25m pool): 28.85 Sint-Amandsberg 18 okt 2025			PB (50m pool): 28.77 SB:
	2 5 M	5 0 M	
PB		28.85	
	28.85		
			

Coach feedback:

Memoreal Anteunis 26: Session: 1: COACH evaluation sheet for TEAM: 09-008

Event number: 5: 50M BUTTERFLY WOMEN 11-17			Heat:5, starttime: 09:58
Heat: 5/11 Lane : 9 Athlete: BANNATYNE JESSICA			Q-time: 00:38:15
PB (25m pool): 35.45 Gouda 4 okt 2026			PB (50m pool): 36.87 SB:
	2 5 M	5 0 M	
PB		35.45	
	35.45		
			

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11-17			Heat:8, starttime: 10:02
Heat: 8/11 Lane : 1 Athlete: BAKKER CHARLOTTE			Q-time: 00:33:86
PB (25m pool): 33.86 Den Haag 7 dec 2025			PB (50m pool): 34.12 SB:
	2 5 M	5 0 M	
PB		33.86	
	33.86		
			

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11-17			Heat:9, starttime: 10:03
Heat: 9/11 Lane : 5 Athlete: BANNATYNE JULIA			Q-time: 00:30:13
PB (25m pool): 30.13 Amsterdam 12 jul 2026			PB (50m pool): 30.59 SB:
	2 5 M	5 0 M	
PB		30.13	
	30.13		
			

Coach feedback:

Event number: 7: 50M BACKSTROKE WOMEN 11-17			Heat:4, starttime: 10:22
Heat: 4/11 Lane : 2 Athlete: ZOMER CARLIJN			Q-time: 00:43:81
PB (25m pool): 43.81 Sint-Amandsberg 18 okt 2025			PB (50m pool): No time SB:
	2 5 M	5 0 M	
PB		43.81	
	43.81		
			

Coach feedback:

Memoreal Anteonis 26: Session: 1: COACH evaluation sheet for TEAM: 09-008

Event number: 7: 50M BACKSTROKE WOMEN 11-17										Heat:6, starttime: 10:25	
Heat: 6/11 Lane : 7 Athlete: BANNATYNE JESSICA										Q-time: 00:39:66	
PB (25m pool): 38.48 Gouda 4 okt 2026										PB (50m pool): 44.53 SB:	
	2 5 M		5 0 M								
PB			38.48								
	38.48										
											

Coach feedback:

Event number: 7: 50M BACKSTROKE WOMEN 11-17										Heat:9, starttime: 10:30	
Heat: 9/11 Lane : 4 Athlete: BANNATYNE JULIA										Q-time: 00:30:70	
PB (25m pool): 30.70 Amsterdam 11 jul 2026										PB (50m pool): 31.89 SB:	
	2 5 M		5 0 M								
PB			30.70								
	30.70										
											

Coach feedback:

Event number: 9: 400M FREESTYLE WOMEN 11-17						Heat:8, starttime: 11:34		
Heat: 8/12 Lane : 1 Athlete: DE HEIJ NIKKI						Q-time: 05:19:42		
PB (25m pool): 5:19.42 Gouda 5 okt 2025				PB (50m pool): 5:28.15		SB:		
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		34.71		1:14.09				2:36.33
	34.71		39.38		1:22.24			
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB				3:58.34				5:19.42
			1:22.01		1:21.08			
								

Coach feedback:

Memoreal Anteunis 26: Session: 1: COACH evaluation sheet for TEAM: 09-008

Event number: 10: 400M FREESTYLE MEN 11-17							Heat:9, starttime: 12:52	
Heat: 9/10 Lane : 9 Athlete: VAN KINTS THIJS							Q-time: 04:43:09	
PB (25m pool): 4:43.09 Alphen a/d 29 nov 2025 PB (50m pool): 4:48.08 SB:								
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		31.01		1:05.79				2:17.99
	31.01		34.78				1:12.20	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB								4:43.09
							2:25.10	
								

Coach feedback: